



PARKINSON'S THROUGH THE EYES OF THE PATIENT

ENABLING PATIENT CENTERED BRAND STRATEGY FOR A MID-SIZE GLOBAL PHARMA COMPANY

THE CHALLENGE

A mid-size global pharma company wanted to better understand Parkinson's Disease across multiple stakeholders. They needed a partner to conduct assessments on care delivery and product value to optimize the commercial potential of an advanced Parkinson's medicine in key markets. The desired insight would benefit not only the company's market research department, but their entire brand team, as the pharma manufacturer intended to use the information for multiple purposes, including:

- + Building knowledge around unmet treatment needs and patient care delivery needs
- + Understanding the emotional and rational needs of patients, caregivers and healthcare providers (HCPs) affected by Parkinson's
- + Developing ways to foster the patient/caregiver and physician relationship related to this debilitating condition
- + Deriving a communications strategy that would support scientific publications, as well as educational and commercial materials

Kantar Health was chosen to lead this initiative, calling on our specialized, patient centered approach to uncover real-world answers for the client.

For the client, it was important to understand how the individual was affected by this disease and not just looking at the patient. The research results needed to be anchored in reality, thus Kantar Health focused on the person's experience with the disease (their voice) as well as the evidence generated (e.g. validated scales and biometric data).

THE KANTAR HEALTH DIFFERENCE

Maintaining a patient centered mindset, Kantar Health developed a custom market research study focusing on patient's and caregiver's needs, their journey and quality of life. We gathered patient-based evidence through the "Invisible Researcher." This focused research approach integrated active qualitative data collected via Kantar Health's award-winning Lumi App (the technology records Parkinson's patients' in-the-moment quality of life) with passive biometric quantitative data collected via FitBit devices and an FDA approved Parkinson's data logger.

From there, we focused on hearing the "Voice of the Patient" through research involving patients and their caregivers. Both patients and caregivers were asked to document in detail one week in their life, in addition to participating in a face to face interview. The documentation was done by the patient and also by their caregiver through short quantitative questions in the Kantar Health app; and also through videos, voice recordings and images.

AT A GLANCE

Gaining real-life insights into a complex disease requires a multi-dimensional approach – one that's both innovative and patient centered. You need a partner who excels at looking through the eyes of patients, caregivers and physicians to create unique insights and answer your critical business questions.

TO ACHIEVE A TRUE UNDERSTANDING OF PATIENT NEEDS, PATIENT CENTERED RESEARCH NEEDS TO INCLUDE ACTIVE AND PASSIVE DATA SOURCES AND TECHNIQUES.

We learned about patients' good moments and about situations where they were reminded of their disease either physically or emotionally.

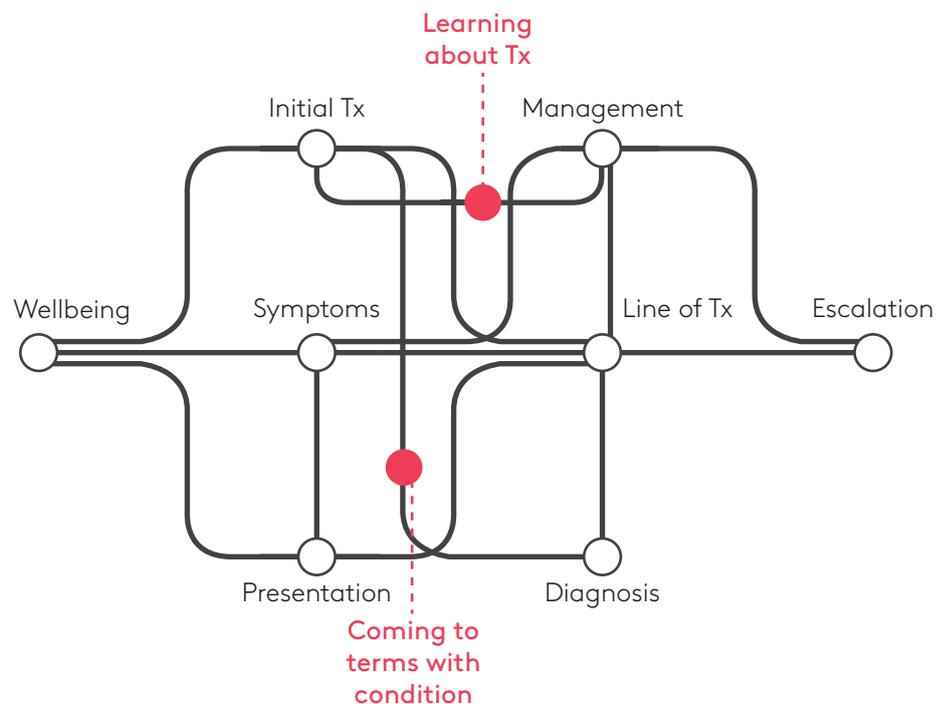
The key learning was clear to us. In order to reach a true understanding of patient needs, patient centered research needed to dive deeper and include active and passive data sources and techniques. Through the combination of experience and evidence we were better able to understand Parkinson's Disease below the surface, where patients and caregivers have many intersections of conscious and sub-conscious needs.

The final report revealed unmet needs and gaps in both the market and satisfaction of patients, caregivers and HCPs, as well as clear and actionable evidence-based recommendations on

ways to commercially differentiate our client's Parkinson's Disease medicine. Kantar Health also secured Ethics Committee (EC) approval that helps guarantee review for publication, and a higher willingness to participate from HCPs and patients as consent forms were in place.

To complement this holistic and integrated engagement, we've also undertaken two pilot studies to determine whether biometric data can be linked to patients' physical and emotional well-being. The studies will create a link back to the patients' experience with their condition, allowing us to better understand the obvious and hidden needs of patients through words they've spoken and their physical well-being.

UNDERSTANDING THE PATIENT EXPERIENCE OF THE CONDITION, IN THE CONTEXT OF THE PATIENT'S LIFE



FOR MORE INFORMATION

Please contact info@kantarhealth.com, or visit us at www.kantarhealth.com.

WHY KANTAR HEALTH?

Kantar Health is a leading global healthcare consulting firm and trusted advisor to many of the world's leading pharmaceutical, biotech and medical device and diagnostic companies. It combines evidence-based research capabilities with deep scientific, therapeutic and clinical knowledge, commercial development know-how, and brand and marketing expertise to help clients evaluate opportunities, launch products and maintain brand and market leadership. Our advisory services span three areas critical to bringing new medicines and pharmaceutical products to market – commercial development, clinical strategies and marketing effectiveness.