deciduous

Adult population

USA

pain

Prescription

Medications

Use of over-the-counter pain relievers is common regardless of frequency of pain.

Those using 1 pain prescription had a 3- to 7-fold increase in the use of anticoagulants, muscle relaxants, and antidepressants (Figure 5).

This study was funded by Janssen Scientific Affairs.

Ms. Annunziata is a Vice President for Kantar Health, which has a contract with Janssen Scientific Affairs.

Disclosures

References

Pain in a National Health Survey: Too Much or Not Enough?

Lien Vo, PharmD, MPH1; Kathy Annunziata, MA2; Kate L. Lapane, PhD2

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The findings of this study suggest that the use of multiple prescription pain medications may result in a higher occurrence of gastrointestinal and central nervous system side effects.

Understanding factors that contribute to suboptimal pain management in older adults may lead to improved pain relief strategies.

Use of Adjuvants by Prescription Pain Medication Use

Adjuvants and muscle relaxants are often used as adjuvants in those using ≥2 prescription pain medications.

Compared to those using 1 pain prescription, those using ≥2 prescription pain medications had a 3- to 7-fold increase in the use of anticoagulants, muscle relaxants, and antidepressants (Figure 5).

Among those experiencing moderate/severe pain, most had it daily (Figure 2).

The severity of pain varies among older adults, with 30% reporting pain in the past 12 months (data not shown).

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